

Cheshire Walkers

Walks Programme

October 2011 to March 2012

There will also be updates on the website:

<http://www.cheshirewalkers.org.uk/>



October 2011

Date	Sunday. 10.00am			
2 nd October	Cheshire - The Baker Way			
	<p>In order to mark the Ramblers' "Walk in the Woods" day we will be walking the length of the Baker Way from Chester station to Delamere Forest. The Baker Way leaves Chester along the Shropshire Union Canal then heads for Brown Heath before passing straight through Tarvin. It then crosses the A54 road and loops around the back of Ashton, just missing Mouldsworth. The path then crosses Church Road, Ashton by the nearby St John the Evangelist's Church and then proceeds up Grange Road, which leads directly to the edge of Delamere Forest. The route then meanders through the forest to its end point at Delamere railway station. The route is shown on Ordnance Survey Explorer Maps 266 and 267.</p> <p>Train Times: the train from Delamere to Chester leaves at 10:27 and arrives at 10:46. The train fare to Chester is £4.50. If you are late for the train you will miss us!</p>			
	Start Point:	The railway station at Delamere Forest Directions: from the A556 Chester trunk road, turn north onto the B5152 at Delamere. After approx. 1km the station is on the left just before the humpback bridge.		
	Distance:	13 Miles	Level:	Moderate
	Leader:	Andrew	Tel:	07713 158299
		e-mail:	goromgorom@googlemail.com	

Date	Sunday: 10.00am			
9 th October	Snowdonia: Aber Falls, Foel Fras & Drum			
	<p>This is a rewarding mountain walk in a quiet and unspoiled area. The route takes in the spectacular waterfall at Aber Falls, before climbing Lwytmor and then Foel Fras, the highest point of the walk at 942m. The return leg follows a ridge to Drum and then a succession of minor summits. The walk includes some steep climbs and walking on scree and rough pathless terrain.</p>			
	Start Point:	Grid Reference: SH664719. Post Code: LL33 OLP. Parking area at entrance to Aber Nature Reserve. Leave A55 at J13 (Abergwyngregyn), cross over old A55 into village and follow signs for the waterfall. Park just before the small bridge approx 1/2 mile from A55.		
	Distance:	9 Miles	Level:	Strenuous
	Leader:	Nigel	Tel:	07971 063709
		e-mail:	nigel.a.rimmer@btinternet.com	

Date	Sunday. 10.00am		
23 rd October	Peak District - Allport Castles		
	Starting from Ladybower Reservoir, this route takes us over Rowlee Pasture to Allport Castles, one of the largest landslips in Britain. We will have time to look around the landslip and The Tower before heading down go the River Allport. We then climb back over, near Hagg Farm, to Ladybower Reservoir for a well-deserved cup of tea or ice cream. Car parking at Fairholmes is approx. £5 for the day but there is the option of parking in one of the lay-bys just back from Fairholmes Car Park.		
Start Point:	Grid Reference: SK173894 Car park at Fairholmes Visitor Centre (pay and display car park with toilets).		
Distance:	10 Miles	Level:	Strenuous
Leader:	Anne	Tel:	Annet.22@btinternet.com
		e-mail:	

Date	Sunday. 10.00am		
16 th October	Yorkshire Dales: Plover Hill and Pen-y-Ghent from Horton		
	Pen-y-Ghent is one of the Yorkshire Three Peaks (the others being Wharfedale and Ingleborough) and the walk up it is a Dales limestone classic. We will walk past (and try not to fall into) Hull Pot, one of the largest pot holes in the country, and then up Plover Hill and along the ridge to the summit of Pen-y-Ghent. (Most of the 600m ascent/descent is gradual but there is one steep 200m ascent up Plover Hill, and a corresponding steep descent (with steps) down Pen-y-Ghent.)		
Start Point:	car park in Horton-in-Ribblesdale SD807725 nearest postcode BD24 0HG		
Distance:	10 Miles approx	Level:	Strenuous
Leader:	Charles	Tel:	07960109067
		e-mail:	charles.walkden@gmail.com

Date	Sunday 10.00am		
30 th October	North Wales: The Alun Valley and Moel Y Waun		
	A pleasant walk from the old drovers village of Llandegla exploring the attractive Alun valley and the open slopes of Moel y Waun, now partly a designated Open Access Area. The walk features extensive views, contrasting scenery, a medieval fortress and a healing Well.		
Start Point:	Grid Reference: SJ196524 - Car park in Llandegla opposite the Memorial Hall, just before the church.		
Distance:	10 Miles	Level:	Moderate
Leader:	Sarah	Tel:	07946034492
		e-mail:	sarahdunlea-jones@hotmail.co.uk

November 2011

Date	Sunday. 10.00am		
6 th November	Sefton Coast - Ainsdale to Formby		
	<p>An autumn walk along the Sefton Coast, mainly walking along the beach ,with views to Blackpool Tower, The Lakeland Fells, the Clywdian Hills and out to the Irish sea and the shipping lanes. Walking boots advised , although heavy duty trainers should fit the terrain.</p> <p>Meet :- 09.45am for a 10.00am prompt start, so train tickets can be bought. Train Departs 10.21. If you miss the train you miss the walk - this is a linear walk We take the train 2 stops to Ainsdale station. £ 2.20 single fare. Pay at the station or obtain locally in the week would save time. Tea/ Coffee afterwards in Formby.</p> <p>Directions :- Suggest M57 to the end, signposted ' Bootle ', A5036 for about 200m and take the RIGHT at the first lights, (the police stn is on the corner), the road bends sharp right, keep on this road, at the traffic lights, it's straight over but the road bears slightly right over this junction. At the A565 turn right, keep on this road for 3 miles, take the Formby sign at the roundabout, B5424 and just before Formby village turn left into Duke St, continue to the mini roundabout, DO NOT GO STRAIGHT AHEAD over the railway bridge but turn left into King St and first right, and then follow the road around to the right (under the road bridge over the cobbled road,) into Formby Station Car Park.</p> <p>Free parking. Toilets on Station, and at Ainsdale Station, and 15min into the walk. Do please let me know if you are able to come, as I would like to make some cakes! A suggestion - please print off these directions !!!</p>		
	Start Point:	Formby Station Car Park (free) Post Code - L37 2JF. Grid Reference: - SD298 068.	
	Distance:	10 miles	Level: Easy
	Leader:	Alfred	Tel: alfred.smcc@btinternet.com e-mail:

Date	Sunday. 10.00am		
13 th November	Peak District - Along the Dragon's Back		
	<p>This walk is made fairly challenging by the ascent of the ridge of ancient coral reefs known as the Dragon's Back. Some scrambling onto the ridges.</p> <p>From Longnor, we make our way towards Hollingsclough village and climb the smooth-sided Hollins Hill as a warm up before tackling the more vertiginous Chrome Hill and Parkhouse Hill. Passing through Earl Sterndale, we will end with a climb of High Wheeldon Hill.</p>		
	Start Point:	Grid Reference: SK 089649 Longnor is on B5053 off A515 6 miles SE Buxton. Meet village centre car park outside Craft Centre/Cafe	
	Distance:	10 Miles	Level: Moderate (need a head for heights)
	Leader:	Emma	Tel: 01565621095/07984311352 e-mail: emmadearman1@gmail.com

Date	Sunday. 10.00am			
20 th November	Cheshire: The Gritstone Trail Part 6			
	Details to be advised			
	Start Point:	Grid Ref: Directions:		
	Distance:	approx 10 Miles	Level:	Moderate
	Leader:	Tracy	Tel: e-mail:	princessdrive2005@yahoo.co.uk

Date	Sunday. 10.00am		
27 th November	Peak District: Combs Edge Circuit - Walk followed by AGM		
	Starting and returning to Chapel en le Frith train station (just north west of Buxton), this walk will take us onto the gentle hillside of Combs Edge and then down to Fernilee reservoir on the Mid-Shires Way. This is a varied terrain walk taking in a peaceful moorland valley, farmland and lovely views of the Peak District.		
	After the walk, we will head over to the Beehive Inn at Combs where we will have a meal and the Annual General Meeting will be held. Please bring a head torch. Further details will be circulated nearer the time.		
	Start Point:	Grid Reference: SK 055 795 - Chapel en le Frith Railway Station Car Park	
	Distance:	10 miles	Level:
Leader:	Alison	Tel: e-mail:	alisonsheedy@hotmail.co.uk

December 2011

Date	Sunday. 10.00am		
4 th December	North East Wales - Elwy Valley		
	On the other side of the valley from the mighty Clwydians, but before you get to the Mountains of Snowdonia, is the Denbigh moors, which is cut through by a series of pretty river valleys. The Elwy Valley is one of these.		
	Start Point:	Llanfair Tal Haiarn on the A548 south from Abergele	
	Distance:	10 Miles	Level: Moderate
	Leader:	David	Tel: 07917781690/ e-mail: davidjheys@googlemail.com

Date	Sunday. 10.00am		
11 th December	Christmas Walk and Meal: Lancashire: Rivington Pike from Lever Park		
	A short winter morning's walk, followed by Cheshire Walkers Christmas lunch at the Crown at Worthington near Standish.		
	Start Point:	Grid Reference: SD 628139 - Great House Barn Car Park - Free Parking	
	Distance:	3-4 Miles	Level: Moderate
	Leader:	Jay	Tel: 07801 933299 e-mail:

Date	Sunday 10.00am		
18 th December	Lancashire: Nicky Nook Fell and Grizedale Reservoir from Scorton		
	This walk from the Scorton picnic area, takes to the western edge of the Forest of Bowland along the River Wyre, before crossing Nicky Nook Fell, as featured on Country House Rescue, on the return via Scorton village.		
	Start Point:	Grid Reference: SD 504504 - Scorton Picnic Site car park - about 1 mile east of the A6 between Garstang and Forton.	
	Distance:	10 Miles	Level: Moderate
	Leader:	Simon	Tel: 0161 4760669 e-mail: simon.gebbett@gmail.com

Date	No walk is planned.
25 th December	

Date	No walk is planned.
31 st December	

January 2012

Date	Sunday. 10.00am		
8 th January	Lancashire: Jumbles Reservoir		
	After the long Christmas and New Year break, the first walk of the year is a good opportunity to welcome everybody - old friends and those new to the group - to another year of walking. This walk takes in three reservoirs above Bolton (Jumbles, Wayoh and Turton & Entwistle) with a variety of woodland and farmland in between. We'll also visit Cheetham Close, and try to find the Bronze Age stone circle!		
	Start Point:	Jumbles reservoir car park near Bromley Cross (note: there are many car parks around Jumbles Reservoir - make sure you are at the right one! SD729140 nearest postcode BL7 9NQ)	
	Distance:	Miles/km	Level:
Leader:	Charles	Tel:	07960109067
		e-mail:	charles.walkden@gmail.com

Date	Sunday. 10.00am		
15 th January	Cheshire: Northwich Woodlands, Waterways and Parks		
	A walk with plenty of historic interest: Firstly walking along the River Weaver we walk to the Anderton Boat lift, a unique monument to the industrial revolution. We then move on to Marbury park, a former country estate, with commanding avenues of lime trees. Then onto the attractive village of Great Budworth before returning back along the Trent & Mersey Canal.		
	Note: There are no toilets at the start but there are some in Marbury Park.		
	Start Point:	Grid Ref: 660744 Ordnance Survey map 267 Directions: Car park in Northwich behind M&S	
Distance:	10 miles	Level:	Leisurely
Leader:	Alison	Tel:	07821 393 879
		e-mail:	alisonjw1@hotmail.co.uk

Date	Sunday 10.00am		
22 nd January	Peak District: Chee Dale Tunnels with Cuning and Woo Dales		
	Earlier this year some of the tunnels on the former Matlock to Buxton railway that forms part of the Monsal Trail were opened to the public. This walk, starting at the Miller's Dale car park, explores the tunnels in Chee Dale to the west and also takes in two small quiet dales, Woo and Cuning, before heading south.		
	Start Point:	Grid Reference: SK 135743 - Miller's Dale Station car park - just off the B6049, which is off the A6 east of Buxton.	
	Distance:	11 Miles	Level:
Leader:	Simon	Tel:	0161 4760669
		e-mail:	simon.gebbett@gmail.com

Date	Sunday. 10.00am		
29 th January	Lake District Weekend - Keswick		
	Weekend away in the Lake District, based in the town of Keswick. More details to follow.		
	Start Point:	TBA	
	Distance:	TBA	Level: Hard/Strenuous
	Leader:	David	Tel: e-mail: 07917781690/davidjheys@googlemail.com

February 2012

Date	Sunday. 10.00am		
5 th February	Cheshire: The Gritstone Trail Part 7		
	Details to be advised		
	Start Point:	TBA	
	Distance:	Approx 10 miles	Level: Moderate
	Leader:	Tracy	Tel: e-mail:

Date	Sunday. 10.00am		
12 th February	Peak District - Hartington Dales		
	A visit to 5 or 6 dales and some lovely villages. Weird and wonderful limestone crags. Hopefully, there will be a good showing of snowdrops lining the lanes and riverside.		
	Start Point:	Grid Reference: SK 127604 Hartington village on B5054 off A515, 11 miles SE Buxton. Meet opposite pay and display car park but free on street parking in the village.:	
	Distance:	12 Miles	Level: Moderate
	Leader:	Emma	Tel: e-mail:

Date	Sunday. 10.00am		
19 th February	Peak District: Lord's Seat and Eldon Hill		
	Traverse a high moorland ridge overlooking Edale and pass over the contrasting terrain of the limestone hill country west of Castleton. There should be some fantastic views and plenty of tea shop / pub choices in Castleton!		
	Start Point:	Castleton Pay and Display carpark Grid Reference: SK149829	
	Distance:	10 miles	Level: Moderate
	Leader:	Helen	Tel: e-mail:

Date	Sunday 10.00am		
26 Feb 2012	Wales: Llantysilio Mountain		
	Walk will take in the Llantysilo Mountain ridge. Exact route to be decided later.		
	Start Point:	Car Park near Ponderosa on A542 Horseshoe Pass road. Grid ref SJ192480	
	Distance:	10 Miles	Level: Moderate
	Leader:	Tom	Tel: e-mail:

March 2012

Date	Sunday. 10.00am		
4 th March	The Wirral - New Brighton - Hoylake - A Linear Coastal Walk		
	A pleasant Coastal walk, with views to Liverpool, the Sefton Coast and Blackpool Tower if clear. We will take the train to New Brighton and walk back along the coast. Please bring train fare which will be approx. £3.		
	Start Point:	Hoylake railway Station. We will take the train to New Brighton and walk back along the coast.	
	Distance:	8 Miles	Level: Easy
Leader:	Alfred	Tel:	alfred.smcc@btinternet.com
		e-mail:	

Date	Sunday. 10.00am		
11 th March	South Pennines: Pule Hill and the Pennine Way		
	One often takes for granted how easy it is to travel around the country: roads, railways, canals are now a fixture of the landscape. It wasn't always the case. On this walk, we'll walk along a well-preserved section of an original 18th century turnpike road (built by Blind Jack Metcalfe) and see the Standedge Tunnels (four parallel tunnels, all masterpieces of 19th century canal and railway mania), which were all built to allow trade across the Pennines. We'll also walk up Pule Hill and take in a stretch of the Pennine Way.		
	Start Point:	Brun Clough Reservoir car park on the A62 between Diggle and Marsden. SE 018 094 Nearest postcode: OL3 5LT	
	Distance:	Approx 10 miles	Level: Moderate
Leader:	Charles	Tel:	07960 109067
		e-mail:	charles.walkden@gmail.com

Date	Sunday. 10.00am		
18 th March	Snowdonia: Carneddau from Llyn Eigiau		
	This walk approaches the Caneddau mountains from the quieter Conwy Valley side. The route takes in Craig Eigiau and Foel Grach before reaching the highest point of the walk, Carnedd Llewelyn, at 1064m. The return leg follows a ridge to Pen yr Helgi Du and Pen Llithrig y Wrach. The walk includes some steep climbs, scrambling and walking on rough pathless terrain.		
	Start Point:	Grid Reference: SH731662. Post Code: LL32 8SH (approx only). Small parking area accessed by minor road leading from Tal-y-Bont in the Conwy Valley. Depending on numbers we may need to car share from Tal-y-Bont, exact arrangements will be finalised nearer to the time.	
	Distance:	10 Miles	Level: Strenuous
Leader:	Nigel	Tel:	07971 063709
		e-mail:	nigel.a.rimmer@btinternet.com

Date	Sunday. 10.00am		
25 th March	North East Wales - Southern Clwydians		
	This walk covers the most southerly of the Clwydian Hills starting from Llanarmon-yn-Ial to the East, covering the hills of Moel Gyw, Moel Llanfair, Moel y Waun, amongst other.		
	Start Point:	Llanarmon-yn-Ial on the B5431 south of the A494 from Mold	
	Distance:	10 Miles	Level: Moderate
	Leader:	David	Tel: e-mail:

Looking Ahead: April 2012

Date			
6 th to 8 th April	Easter Weekend: Ceredigion		
	Easter Weekend in Ceredigion. Possible walks: Pumlumon Fawr at at 752 metres (2,467 ft) the highest point of the Cambrian Mountains. Aberystwyth coastal walk. Accommodation in Aberystwyth, details to follow.		
	Start Point:	TBA	
	Distance:	TBA	Level: TBA
	Leader:	Andrew	Tel: e-mail:

Other Stuff

Don't forget our website which includes the walks programme and any changes and updates <http://www.cheshirewalkers.org.uk/>

If you don't have access to the internet you will definitely need to contact the walk leader beforehand as start points, and very occasionally the walks themselves, may change due to unforeseen circumstances.

Social events are organised on an ad hoc basis and advertised on the walks and by e-mail so keep your eyes and ears open!

We normally travel to the walks by car meeting promptly at the time and location given in the programme. Please call the leader by the day before the walk to let them know you'll be going. It may also be possible to arrange lifts with other members of the group.

Walk Conditions

Our walks cover a variety of terrains and are graded accordingly. The grades may also depend on the time of year.

Easy Access	Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.
Easy	Walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.
Moderate	Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.
Strenuous	Walks for experienced country walkers with an above average level of fitness. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness are advised to contact the walk leader in advance.
Technical	Walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes and crampons. You must contact the walk leader in advance for further details.

The following are items of clothing and equipment which you should consider bringing on walks:

Comfortable Walking Boots (not trainers)

Waterproof Jacket & Overtrousers

Warm Clothing such as a jumper or fleece, gloves and hat.

Packed Lunch & Water

And remember - with your **Ramblers Membership** you can get discount on goods in many outdoor shops.

Ramblers Association Central Office

1-5 Wandsworth Road, London, SW8 2XX - Tel: 0207 339 8500

Registered Charity No. 306089